



Got ink? Try **Serge Louis Alvarez 5 Cream Corrective Palette (7)**, \$56.80. It's often used on runway models to hide blemishes, scars and tattoos

Big smile

Want to dazzle your groom on your wedding day with gleaming pearly whites? We've found a range of teeth-whitening solutions to suit every bride's needs.

At home: If you're looking for whiter teeth without the professional price tag, brushing morning, night and after meals is the only way you'll maintain that clinical sheen. Try **Oral-B Vitality Sonic Pro-White toothbrush**, \$29.99, for a deep clean and polished appearance. While professional products are effective, knowing what lip colour to use can also bring out the sparkle in your smile. Pinks and fuchsias can highlight the yellow in tarnished teeth, therefore, it's safer to opt for peachy-orange undertones, like those found in **MAC Creamsheen Lipstick in Crosswires**,

\$35. Dark orange and brown-based shades can cause teeth to look slightly yellow, while blue-based reds will brighten them.

Professional: Cosmetic dentistry expert Dr Jeffrey Albert from Sydney Dental Professionals says there are two ways to expertly whiten teeth – in-chair whitening and custom-made take-home trays. **"Zoom! Whitening treatment (\$1000)**, is a bleaching process that lightens discolouration of tooth enamel. It takes one hour and lightens teeth by up to eight shades in one consultation. I recommend having the treatment one week before your wedding," says Dr Albert. "Custom-made take-home trays (\$600) also provide great results. We make a mouth tray, which is then worn with bleaching gel for seven nights while sleeping. Brides should have this treatment four weeks before their wedding." **Eleanor Pendleton** 

Sweet scents

Create memories by selecting the right scent for your special day – whether it's the perfume you wore on your first date or a his-and-hers matching duet.

Double scent: To make your scent last all the way to the wedding night, moisturise with a scented body lotion or shower gel like **Chloé Perfumed Shower Gel (17)**, \$55 for 200ml, and finish off with a spritz of the matching fragrance, **Chloé EDP (14)**, \$130 for 50ml.

Floral: **Cacharel Anaïs Anaïs Limited Edition EDT (15)**, \$96 for 50ml, celebrates its 30th anniversary this year. Featuring romantic rose, Moroccan jasmine and warm musk notes, it's the perfect timeless scent to make your special day even more memorable.

Woody: Created in 1970, **Chanel No 19 EDP (16)**, \$151 for 35ml, is a fantastic woody and green scent. It features neroli, may rose and cedarwood for a distinct perfume that your husband-to-be is sure to remember years from now.

